

Facts about Novel Coronavirus

Who's at risk?

Most people experience a mild fever and cough. Seniors and those with underlying health conditions are at highest risk.

Treatment

Drink plenty of fluids
Rest
Take pain or fever medications

Symptoms

Symptoms may appear in as few as 2 days or as many as 14 days after being exposed to the virus.

Cough



Fever



Difficulty breathing





What can you do?

- **Wash your hands with soap and water. If not available, use hand sanitizer.**
- **Avoid touching your eyes, nose, or mouth.**
- **Avoid close contact with others, and wait 24 hours after your symptoms go away before resuming contact.**
- **Cover your mouth/nose with a tissue or sleeve when coughing or sneezing.**

**If you believe that you need medical
attention please reach out at:**

1 (800) 720-9553

RUhealth.org/CHC

If you have difficulty breathing, call 911